

# AVWC \$50 Giveaway and Communication Celebration!

We are celebrating the all the ways we can now communicate with you. Everyone who completes this survey will be entered in our drawing for a **\$50 gift certificate** (see below). Thanks for helping us out!

How would you like us to communicate AVWC news/offerings to you?

- Newsletter
- Website
- Facebook page
- Not interested

We are thinking of offering small group classes or seminars. Would that interested you?

- Yes
  - No
- If yes, what would be the best day for you? \_\_\_\_\_

On a scale of 1 (poor) to 5 (excellent) how are we doing in providing services to you? (Please circle one)

**1 2 3 4 5**

Please tell us how we can improve our services for you?

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## Website

We have a new website! Check it out at: [alpinevalleywellnesscenter.com](http://alpinevalleywellnesscenter.com)

What would you like to see on our website? (check all that apply)

- Health related book or technology purchase options
- Supplement purchase options
- Health related videos
- Other \_\_\_\_\_

## Email Communication

We have been asked if we will be upgrading our system so that we can provide secure, HIPAA compliant emails. Sadly, this would be too expensive currently. If this changes we will make an announcement in our newsletter. Please update your email information if you would like to get newsletters and other announcements from us.

Email \_\_\_\_\_

## Facebook:

For more news and information, please visit us at: [www.facebook.com/AlpineValleyWellnessCenter](http://www.facebook.com/AlpineValleyWellnessCenter)

What would you like to see on our Facebook page?

- Health related information
- Surveys and Giveaways (like this one)
- Other \_\_\_\_\_

## Reviews:

Please consider writing a review of our services online (Google, Yelp, etc.). Every review helps!

## Come to our Open House!

Come and meet Dr. Forwell, one of the top prolotherapists in WA State on Saturday, May 21 at 10 AM - 12 PM.

Dr. Forwell will do a brief talk on injection therapy generally and prolotherapy (including PRP) specifically, after which she be available for questions and for meeting you. A unique opportunity - we hope to see you there!

## Giveaway Drawing

If you would like to be in our drawing for a \$50 gift certificate for our stock supplements (special order items and injectables not included) please add your name and phone number below so that we can contact you if you win.

\_\_\_\_\_  
Name

\_\_\_\_\_  
Phone